

Zentrum für Schlafmedizin Basel

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The Frontal Lobe Epilepsy and Parasomnias (FLEP) Scale

Clinical Feature		Score	
Age at onset			
At what age did the patient have their first clinical event?	<55y	0	
	>55y	-1	
Duration			
What is the duration of a typical event?	<2 min	+1	
	2-10 min	0	
	>10 min	-2	
Clustering			
What is the typical number of events to occur in a single night?	1 or 2	0	
	3-5	+1	
	>5	+2	
Timing			
At what time of night do the events most commonly occur?	Within 30 min of sleep onset	+1	
	Other times (including if no clear pattern identified)	0	
Symptoms			
Are the events associated with a definite aura?	Yes	+2	
	No	0	
Does the patient ever wander outside the bedroom during the events	Yes	-2	
	No (or certain)		
Does the patient perform complex, directed behaviors (eg. picking up objects, dressing) during events?	Yes	-2	
	No (or uncertain)	0	
Is there a clear history of prodroment dystonic posturing tonic limb extension, or cramping during events?	Yes	+1	
	No (or uncertain)	0	
Stereotypy			
Are the events highly stereotyped or variable in nature?	Highly stereotyped	+1	
	Some variability/uncertain	0	
	Highly variable	-1	
Recall			
Does the patient recall the events?	Yes, lucid recall	+1	
	No or vague recollection only	0	
Vocalization			
Does the patient speak during the events and, if so, is there subsequent recollection of this speech	No	0	
	Yes, sounds only or single words	0	
	Yes, coherent speech with incomplete or no recall	-2	
	Yes, coherent speech with recall	+2	

Derry, Arch Neurol. 2006

Mehr als 1 Punkt: hochgradiger Verdacht auf Epilepsie.
 Null oder weniger Punkte Schlafwandeln am wahrscheinlichsten.